

# Sheahan-Gormley Scoil Rince na hEireann

## Orange County Feis



May 12, 2018

8:45 A.M.

MONROE-WOODBURY MIDDLE SCHOOL  
DUNDERBERG ROAD, CENTRAL VALLEY, NY

Directions to Monroe-Woodbury Middle School can be found on the website

**All entries to be submitted via Feisweb.com ONLY**

All payments to be mailed ONLY to Feis Secretary, see last page for address



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OrangeCounty Feis

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ADJUDICATORS		
<i>Patty K. Lenihan, CT</i>	<i>Eileen McDonagh Moor, NY</i>	<i>Joanie Cass, NY</i>
<i>Irene Horgan, CT</i>	<i>Joan Cass, NY</i>	<i>Helaine Sanders, NY</i>
<i>Sheila Stevens, CT</i>	<i>Kerry Broderick, NY</i>	<i>Maureen</i>
MUSICIANS		
<i>Kathleen Lavin, NY</i>	<i>Patty Moriarity Morrissey, NJ</i>	<i>Niall O'Leary, NY</i>
<i>Karen Conway, NJ</i>	<i>Kevin Forde, NJ</i>	
MUSIC ADJUDICATORS		

**SEE WEB SITE [www.SheahanGormleyIrishDance.com](http://www.SheahanGormleyIrishDance.com) FOR UPDATES**

FEIS IS REGISTERED, SANCTIONED AND WILL BE GOVERNED BY THE RULES OF AN COIMISIUN (WWW.CLRG.IE.), NORTH AMERICAN FEIS COMMISSION (WWW.NORTHAMERICANFEISCOMMISSION.ORG). PATRICIA WATKINS - PRESIDENT AND THE MIDATLANTIC REGION (WWW.MID-ATLANICREGION.COM.) PLEASE REFER TO APPLICABLE WEBSITES FOR RULES GOVERNING THE FEIS.

\*Gerry Campbell Perpetual Senior Belt \* Robert Gabor Junior Trophy \* George Sweetnam Minor Trophy \* NAFC Peter J. Smith Ceili \*  
February 24, 2018 at the Arizona Grand in Phoenix, Arizona

15 and over NAFC Music Scholarship -- Rochester Feis -- 7/14/18  
Under 15 NAFC Music Scholarship -- Flower City Feis -- 10/7/18

THE FEIS COMMITTEE, The Sheahan-Gormley Scoil Rince na hEireann School of Irish Dance, Unateresa Sheahan-Gormley, or Monroe-Woodbury Middle School or any other organizations or persons affiliated with same will not be held responsible for personal injury, property loss or damage. Destruction of FEIS property or rental property will be punishable by law.

**Max # of Competitors on a line is 12.**

Boys and Girls will dance together for events listed below, where noted. If more than 5 boys per entry, the boys will dance independently. The feis committee may combine competitions with less than 5 entries. Decisions will be made after entries have closed

<b>First Feis</b>	This competition is open to young dancers who have <u>never competed in any feis prior to this one</u> . Competitors may not compete in any other dancing competition at this feis. 1 step 1 at a time						
	<b>As of 1/1/07 competitors in "First Feis", Beginners and Advanced Beginner competitions must wear either a School Costume or Blouse and Skirt – No solo/dress costumes allowed.</b> REEL – Tempo 122 Light Jig: Tempo: 115						
GIRLS & BOYS	Under 7	Under 9	Under 11	Over 12			
REEL (122)	1	2	3	4			
LIGHT JIG(115)	5	6	7	8			

<b>BEGINNER Boys &amp; Girls</b>	A beginner is a competitor who has not taken Irish dancing lessons from a registered teacher <u>prior to</u> September 1st of previous year. <i>Dancer must move into Advanced Beginner the following year.</i> <b><u>NO SOLO COSTUMES ALLOWED, Skirt and blouse or school costumes ONLY</u></b>									
	2 STEPS U 13 and below 3 dancers at a time U 14 and above 2 dancers at a time									
	Under 6	Under 7	Under 8	Under 9	Under 10	Under 11	Under 12	Under 13	Under 14	14 & Over
REEL (122)	101	111	121	131	141	151	161	171	181	191
SLIP JIG (122)	102	112	122	132	142	152	162	172	182	192
LIGHT JIG (115)	103	113	123	133	143	153	163	173	183	193
HOP JIG (124)	104	114	124	134	144	154	164	174	184	194

<b>ADVANCED BEGINNER Boys &amp; Girls</b>	An Advanced Beginner is a dancer who has taken lessons from a registered teacher for <u>more than 1 year</u> . <i>An Advanced Beginner who wins a 1<sup>st</sup>, 2<sup>nd</sup>, or 3<sup>rd</sup> Place, will advance to the Novice category in that particular dance the next year.</i> <b><u>NO SOLO COSTUMES ALLOWED, Skirt and blouse or school costumes ONLY</u></b>									
	2 STEPS U 13 and below 3 dancers at a time U 14 and above 2 dancers at a time									
	Under 6	Under 7	Under 8	Under 9	Under 10	Under 11	Under 12	Under 13	Under 14	14 & Over
REEL - (122)	201	211	221	231	241	251	261	271	281	291
SLIP JIG - (122)	202	212	222	232	242	252	262	272	282	292
LIGHT JIG (115)	203	213	223	233	243	253	263	273	283	293
HOP JIG (124)	204	214	224	234	244	254	264	274	284	294
HEAVY JIG (92)	205	215	225	235	245	255	265	275	285	295
HORNPIPE (138)	206	216	226	236	246	256	266	276	286	296
TRAD SET				237		257		277		297

<b>NOVICE Boys &amp; Girls</b>	A Novice is a dancer who has previously won a 1 <sup>st</sup> , 2 <sup>nd</sup> , or 3 <sup>rd</sup> in Advanced Beginner. <i>A novice who wins a 1<sup>st</sup> place will advance to the Prizewinner category in that particular dance the next year.</i> 2 STEPS U 13 and below 3 dancers at a time U 14 and above 2 dancers at a time									
		Under 7	Under 8	Under 9	Under 10	Under 11	Under 12	Under 13	Under 14	14 & O
REEL (113)	311	321	331	341	351	361	371	381	391	
SLIP JIG (113)	312	322	332	342	352	362	372	382	392	
LIGHT JIG (124)	313	323	333	343	353	363	373	383	393	
HOP JIG (124)	314	324	334	344	354	364	374	384	394	
HEAVY JIG 73 or 92	315	325	335	345	355	365	375	385	395	
HORNPIPE 113 or 138	316	326	336	346	356	366	376	386	396	
TREBLE REEL	317	327	337	347	357	367	377	387	397	
TRAD SET			338		358		378		398	

<b>PRIZE WINNER</b> <i>Boys &amp; Girls</i>	A prizewinner is a dancer who has previously won a 1 <sup>st</sup> in Novice in a particular dance.							
	2 STEPS				2 DANCERS AT A TIME			
	<i>Under 8</i>	<i>Under 9</i>	<i>Under 10</i>	<i>Under 11</i>	<i>Under 12</i>	<i>Under 13</i>	<i>Under 14</i>	<i>14 &amp; Over</i>
REEL (113)	421	431	441	451	461	471	481	491
SLIP JIG (113)	422	432	442	452	462	472	482	492
HEAVY JIG <i>tempo 73 or 92</i>	425	435	445	455	465	475	485	495
HORNPIPE <i>tempo 113 or 138</i>	426	436	446	456	466	476	486	496
TREBLE REEL	427	437	447	457	467	477	487	497
TRAD SET		438		458		478		498

<b>TRADITIONAL SET</b>	Open to girls and boys ( <b>PRELIMINARY &amp; OPEN ONLY</b> ). <u>Blackbird, St. Patrick's Day, Garden of Daisy's, Job of Journeywork, Jockey to the Fair, and King of the Fairies.</u>				
UNDER 9	UNDER 11	UNDER 13	UNDER 15	UNDER 17	17 & OVER
501	502	503	504	505	506

<b>SOLO SET PIECE</b>	Open to girls and boys in <b>Preliminary ONLY</b> <b>Under 9 must dance traditional set ONLY THEREFORE ENTER COMPETITION 501</b>				
UNDER 9	UNDER 11	UNDER 13	UNDER 15	UNDER 17	17 & OVER
501(SEE ABOVE)	512	513	514	515	516

<b>ADULT COMPETITION</b>	An adult competitor is a dancer who never took Irish dancing lessons as a juvenile and is over the age of 18				
	BEGINNER	ADVANCED BEGINNER	NOVICE	PRIZEWINNER	SET SOLO PIECE
REEL	521	531	541	551	560
SLIP JIG	522	532	542	552	
LIGHT JIG	523	533	543	553	
HEAVY JIG Tempo 92	524	534	544	554	Traditional Set Piece
HORNPIPE Tempo 138	525	535	545	555	570
TREBLE REEL	526	536	546	556	

<b>ADULT CHAMPIONSHIP COMPETITION</b>	Championship format. Dancers will perform Reel (Men) or choice of Reel or Slip Jig (Ladies) and a Traditional Set. Reel will be danced for 48 bars of music. Slip Jig will be danced for 40 bars of music. <b>THERE WILL BE NO CHANGES ON THE DAY OF THE FEIS.</b>	
	580	A=Reel B=Slip Jig

<b>FIGURE DANCE</b>	Open to ALL DANCERS					
	UNDER 7	UNDER 9	UNDER 11	UNDER 13	UNDER 15	15 & OVER
2 HAND	601	605	611	615	621	625
3 HAND	602	606	612	616	622	626
4 HAND	603	607	613	617	623	627

<b>CHAMPIONSHIP FIGURE DANCE</b>	4 Hand Reel only Any 8 Hand Reel or Jig by the book						
	<b>UNDER 7</b>	<b>UNDER 9</b>	<b>UNDER 11</b>	<b>UNDER 13</b>	<b>UNDER 15</b>	<b>15 &amp; OVER</b>	<b>ADULT</b>
	4 HAND	651	653	655	657	659	663
8 HAND	652	654	656	658	660	662	664

<b>CHARITY</b>	All monies raised to benefit Rosy Heart Foundation. \$10 entry fee <b>The \$12.00 fee for charity event is not included in the family max cap price. This fee is strictly for the charity.</b>						
	<a href="http://www.facebook.com/rosy.heartfndn">www.facebook.com/rosy.heartfndn</a>						
	670 Light Reel -- Beginner & Adv Beginner 671 Treble Reel – Novice & Prizewinner			675 Treble Reel - Prelim & Open 680 Treble Reel - Adults			
Please enter the correct comp for your level dancer							

<b>SPECIAL CHILD</b>	REEL OR JIG 700						
<b>PARENT &amp; CHILD</b>	705						
<b>MUSIC</b>	Beginners will play one choice of air or traditional tune. Advanced will play two tunes.						
	<b>FIDDLE</b>	<b>ACCORDION</b>	<b>TIN WHISTLE</b>	<b>MISCELLANEOUS</b>			
BEGINNER UNDER 12	711	712	713	714			
BEGINNER OVER 12	715	716	717	718			
ADVANCED UNDER 12	719	720	721	722			
ADVANCED OVER 12	723	724	725	726			

Duo, Trio, and Ceili Band -- Competitors must play two tunes of choice							
DUO BEGINNER	731		TRIO BEGINNER		733		
DUO ADVANCED	732		TRIO ADVANCED		734		
			CEILI BAND		735		

<b>SINGING</b>	Competitors will sing one song of their choice in Gaelic or English						
UNDER 12	740		12 & OVER		741		

<b>IRISH ART</b>	Open to all ages for any medium (i.e., water color, pencil, etc.) <u>Must be an Irish theme</u>						
UNDER 10	UNDER 14	UNDER 16		16 & OVER			
745	746	747		748			

<b>DANCER'S DESIGN</b>	Own design; T-shirt, Bag, etc						
UNDER 10	UNDER 14	UNDER 16		16 & OVER			
750	751	752		753			

<b>COSTUME DESIGN</b>	Own dress design; Open to all ages for any medium						
UNDER 10	UNDER 14	UNDER 16		16 & OVER			
761	762	763		764			

<b>IRISH SODA BREAD</b>	Entry for this competition is the donation of the Irish Soda Bread that will become the property of the Feis Committee. Bread must be submitted to the Feis Committee by 11:00 AM 765						
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<b>ESSAY COMPETITIONS</b>	Open to all ages. Essay with a minimum of words(as listed per comp) on one of the topic Essays must be emailed in before the day of the feis, or handed in NLT 8:30 AM on the day of the feis Topics:						
	<ul style="list-style-type: none"> <li>As an Irish American what leadership initiatives would you implement to help your community?</li> <li>If you could spend a day with an Irish Dancer, who would you chose and why?</li> <li>With your leadership skills, how would you change the world for your generation?</li> <li>Everyone has dreamed of performing in a show, which one would you want to be part of and why?</li> </ul>						
	UNDER 10 (Min 200 Words)	UNDER 14 (Min 200 Words)		UNDER 16 (Min 300 Words)		16 & OVER (Min 400 Words)	
771	772		773		774		

**PRELIMINARY CHAMPIONSHIP**

ALL AGE GROUPS 14 AND UNDER WILL DANCE 3 @ A TIME IF STAGE IS 28x24 OR LARGER.

OLDER AGE GROUPS WILL DANCE 2 @ A TIME.

CHOICE OF REEL (113) OR SLIP JIG (113) AND TREBLE JIG (73) OR HORNPIPE (113)

Open to dancers who have placed 1<sup>st</sup> in Prizewinner light and heavy dance at any feis and have never won 1<sup>st</sup>, 2<sup>nd</sup>, or 3<sup>rd</sup> in Open Championship in the last 2 years. Preliminary dancers who win 3 first places in a calendar year, must move to Open Championship the following calendar year. When a third 1<sup>st</sup> place win is achieved over several calendar years, the dancer must move to Open Championship the following weekend. Rotations will be pulled prior to feis. Please make sure you enter the correct competition. There will be no changes once rotations have been pulled.

The feis committee may combine competitions with less than 5 entries. Decisions will be made after entries have closed

	<i>Under</i> 8	<i>Under</i> 9	<i>Under</i> 10	<i>Under</i> 11	<i>Under</i> 12	<i>Under</i> 13	<i>Under</i> 14	<i>Under</i> 15	<i>Under</i> 16	<i>Under</i> 17	<i>Under</i> 18	<i>Over 18</i>
	801	802	805	815	825	835	845	855	865	875	885	895

**OPEN CHAMPIONSHIP**

ALL AGE GROUPS UNDER 14 WILL DANCE 3 AT A TIME IF THE STAGE IS >24'X28' OR LARGER  
ALL AGE GROUPS OVER 14 WILL DANCE 2 AT A TIME

CHOICE OF REEL (113) OR SLIP JIG (113) AND TREBLE JIG (73) OR HORNPIPE (113)

AND SET PIECE OF OWN CHOICE

UNDER 8 AND UNDER 9 MUST DANCE A TRADITIONAL SET.

A dancer who wins three First Place awards in one calendar year will move on to Open Championship the following year, or as soon as the third win is achieved, in any age category, in the following year. 3 Rounds; competitors must dance a soft shoes, hard shoe, and set dance. Rotations will be pulled prior to feis. Must specify choice of dances and name of set piece on entry card. If there are more than 40 competitors in a competition, it is up to Feis Committee to have a recall. If there are less than 5 boys in a competition, the Feis Committee has the right to combine competitions.

**Rule 13:** a) Dancers must qualify for open championship via the method now in place for preliminary championship, i.e. three 1<sup>st</sup> place wins.

b) Dancers must compete in the preliminary championship competition in order to qualify for open championship

The feis committee may combine competitions with less than 5 entries. Decisions will be made after entries have closed

<i>Girls</i>	<i>Under</i> 8	<i>Under</i> 9	<i>Under</i> 10	<i>Under</i> 11	<i>Under</i> 12	<i>Under</i> 13	<i>Under</i> 14	<i>Under</i> 15	<i>Under</i> 16	<i>Under</i> 17	<i>Under</i> 18	<i>OVER</i> 18
	900	910	920	930	940	950	960	970	980	990	1000	1010
<i>Boys</i>		<i>Under</i> 9		<i>Under</i> 11		<i>Under</i> 13		<i>Under</i> 15		<i>Under</i> 17		<i>OVER</i> 18
		1011		1012		1013		1014		1015		1016

## **ABSOLUTELY NO REFUNDS NO EXCEPTIONS**

### **ALL GRADES MARKS WILL BE SENT VIA EMAIL FROM FEISWEB**

Feis fees are as follows (includes marks): \$ 10.00 per solo, figure, and special competitions. \$ 10.00 for traditional set and solo set pieces

Preliminary Championship fees are \$ 35.00 (includes marks). Open Championship fees are \$ 38.00 (includes marks).

Adult Championship Fees are \$35.00 (includes marks). Figures fees are \$10.00 per competitor. Rosy Heart Charity event - \$10.00 per competitor.

**The \$10.00 fee for charity event is not included in the family max cap price. This fee is strictly for the charity. A representative will be at feis to accept all monies raised.**

GATE Fee \$20.00 per family, must be included with the entry. (Not included in the FAMILY MAX CAP PRICE)

\$2.00 FeisWeb Fee

MAXIMUM FAMILY FEE -----\$ 110.00

Email questions to [OrangeCountyFeis@gmail.com](mailto:OrangeCountyFeis@gmail.com)

ENTRY DUE DATE is April 28, 2018. **All PAYMENTS must be POST MARKED BY April 28, 2018.** All payments postmarked after April 29, 2018 must include a \$ 15.00 late/Change Fee. No entries will be accepted after May 5, 2018. **NO EXCEPTIONS** Any changes must be submitted in writing and include the 15.00 change fee. (NO EXCEPTIONS)

[www.SheahanGormleyIrishDance.com](http://www.SheahanGormleyIrishDance.com)

**NO ENTRIES WILL BE TAKEN BY PHONE OR ON THE DAY OF THE FEIS!**

MAKE CHECKS PAYABLE TO: Sheahan-Gormley School of Irish Dance

MAIL PAYMENTS TO: Karen Murphy 163 Barnes Road Washingtonville, NY 10992

By submitting an entry form, Parent or Legal Guardian agrees to abide by rules governing the feis as listed on the NAFC website, [www.northamericanfeiscommission.com](http://www.northamericanfeiscommission.com)

Adopted By The North American Feis Commission, 2011

**EFFECTIVE JANUARY 1, 2012**

1. In the case of all solo and team competitions in all grades, the age of a competitor on 1<sup>st</sup> January of the year in which the competition is held will determine the right of entry. For the purposes of this Rule a competitor whose birthday occurs on 1<sup>st</sup> January shall be deemed to be under the age attained on that date.
2. Competitions are open to all but those holding a TMRF, TCRG, or ADCRG designation. All dancers must be pupils of a person currently registered with An Coimisiun as a Dancing Teacher of any category.
3. A competitor may be disqualified for any of the following reasons:
  - a) Conduct unbecoming a lady or gentleman.
  - b) Failure to report on time to compete. (Penalty: disqualification from said event)
  - c) Falsification of age or other important facts – i.e., teaching, award winning, competing under another competitor's name or number, etc.  
Penalty for a) or c): Competitor will be disqualified from the Feis at which the occurrence happened and from all NAFC – registered Feiseanna for a period of one year beginning at the date of the occurrence.
4. Competitions may be closed if there are no competitors at the assigned stage ready to compete when the competition is scheduled or announced. May not pertain to a situation where competitors are involved in stage conflicts.
5. Solo competitors in First Feis (if offered), Beginner, Advanced Beginner, Novice or Open (Prizewinner) competitions:
  - a) Must compete in their own age group.
  - b) Must be prepared to perform two steps in each event.
  - c) Cannot change competition on the day of the Feis.
6. Steel taps or "bubble" heels on dancing shoes, display of awards, wearing of shorts or other unconventional dress is prohibited. Authentic Gaelic dress is desired. First Feis (if offered), Beginner and Advanced Beginner, aka Beginner I and II, must wear a class costume, or a skirt and blouse. All other categories are excluded from this rule. Modest attire is encouraged when a competitor is not dancing.
7. Competitor's number must be worn and visible to adjudicators when performing in all competitions, use of reflective plastic number covers is discouraged.
8. Awards will be determined in proportion to the number of entries in each competition and to the degree of proficiency shown.
9. Complaints must be in writing stating names and other factual information and signed by the complainant. A ten-dollar fee must be enclosed and presented to the Feis Chairman within one hour of the occurrence. The fee will be returned if the complaint is upheld.
10. The Feis Committee and any organization affiliated with same, will not be held responsible for personal injury, property loss or damage. Destruction of Feis property or rental property will be punishable by law.
4. The Feis reserves the right to reject any entry for cause, to cancel all or part of the Feis and to limit competitor's performing time. The decision of the Feis Committee is final in all matters connected with the Feis.
11. Competitors must answer all questions as required by the Feis Entry committee, including teacher's name, and enclose the entry fee when mailing. Failure to do so will result in a rejected entry. Entries must be postmarked on or before the closing date or they will be subject to a late fee of \_\_\_\_\_ (Determined by the Feis).
12. Entrants in any Championship event may not enter in any other (Grade) events, but may enter in Figure Dances. Entrants in Championships should specify, on the entry form, their choice of set dance. Entrants cannot change competition or category on the day of the competition.

- a) Dancers must qualify for open championship via the method now in place for preliminary championship, i.e. two 1<sup>st</sup> place wins.
  - b) Dancers must compete in the preliminary championship competition in order to qualify for open championship
  - c) The regional syllabus where the Feis is being held may have different qualifications for entry.
13. Combining male and female dancers in any age category is left to the discretion of each region of the IDTANA.
  14. Preliminary Championships are open to those who, at any NAFC recognized Feis:
    - a) Have won 1st place in both an open/prizewinner light and heavy shoe competition, and
    - b) Have never won 1st, 2nd or 3rd in Open Championship. A dancer who wins two first place awards will move on to Open Championship at the next Feis they enter, or as soon as the second win is achieved, in any age category, in the following years. Only in the case of back-to-back Feiseanna (successive days), in which case the first win in the first Feis will not change the dancer's status for the second Feis. A dancer is required to perform a light shoe dance (reel or slip jig for ladies and reel only for men), and a hard shoe dance. A Feis can opt to offer either a) a set dance or b) a jig/hornpipe.
    - c) The regional syllabus where the Feis is being held may have different qualifications for entry.
  15. Championships and Preliminary Championships require at least three adjudicators.
  16. First place winners in the Open Championship category cannot return to a Preliminary or Open (Prizewinner) competition. Placing in a Regional or National Oireachtas does not change the status of a competitor. A dancer who moves into open championship must stay a minimum of 2 years. If after 2 years they have not placed they are allowed to return to preliminary. An open championship dancer who places is not allowed to return to preliminary until 2 years after their last placement. The regional syllabus where the Feis is being held may have different qualifications for entry.
    1. The status of the dancer does not change unless there are five or more dancers in a competition.
    2. Each region may determine the system for moving dancers from one grade to another, as they see appropriate for their region. The syllabus is to contain all grade categories. A Feis Committee may combine two consecutive age categories into the higher of the two categories within that grade when less than five (5) competitors are entered.
    3. Beginner Grade: A beginner is a competitor who has not yet taken a full year of Irish Dance lessons, thereby giving beginners a full year with such status. A Beginner must move into the Advanced Beginner category the next year.
- Advanced Beginner Grade:** An advanced beginner who wins 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> place will advance to the Novice category in that particular dance. Competition dances are reel, light jig, slip jig, traditional treble jig and traditional hornpipe, as a minimum requirement.
- Novice Grade:** A novice who wins a 1<sup>st</sup> place will advance to the Open (Prizewinner) category in that particular dance.
- Open Grade (Prizewinner):** A competitor who does not qualify as a beginner, advanced beginner or as a novice.
- Adult Beginner:** An adult beginner is a competitor who never took Irish dancing lessons as a juvenile and is over 18 years of age.
17. Musicians and adjudicators cannot be approached during a competition by anyone except the Feis Committee. No one can approach them while a competitor is performing.
  18. Musicians employed by the Feis Committee will be solely under the direction and management of the Feis Committee on Feis day.
  19. Teachers or team captains are responsible that their teams are complete and in position when the competition is announced. Competitors may compete in the next higher age group; however, a competitor may compete in only one age group.
  20. In matters pertaining to adjudication, the decision of the adjudicators is final.
  21. Adjudicators are to monitor the quality of music at the stage(s) to which they are assigned.
  22. First Feis (if offered), Beginner, and Advanced Beginner dancers are required to dance at traditional speeds. Novice and Open/Prizewinner dancers may choose between traditional and Oireachtas speeds. Adult dancers are allowed to dance traditional or Oireachtas speed dances in the novice and prizewinner grade levels, but this does not apply to contemporary set dances.
  23. The length of 2 hand and 3 hand dances in competition are to be 48 bars of music plus an 8 bar introduction
  24. In consideration of safety and in fairness to dancers performing at a Feis, photography of any kind which has the capability of capturing a dancer's image while in motion is strictly forbidden.  
A Feis may elect to allow in motion photography for publicity purposes, but the pictures are considered the sole property of the Feis and solely for Feis use only; these are not to be used for personal gain through commercial use or sale, and under no circumstances can they be published on any website or other areas, without the express written permission of the persons involved.  
Additionally, a professional photographer may be formally contracted by a Feis to capture non-motion photographs, such as portrait photography, awards ceremonies, etc. and/or in motion photography provided it is taken at a vendor station or suitable location:  
(a) away from the dancing stages and, (b) requested by a consenting parent, guardian, or dancer (over the age of 18).
  25. No block, en Pointe, toe walking movements, stationary or moving is allowed to be performed for all ages up to and including the under 12 age group. However, after September 1 of each year an exception is made for those dancers who are 11 dancing in the under 12 age group.
  26. Make up is prohibited on a dancer in the first three grades (First Feis (if offered), Beginner and Advance Beginner or their equivalent) up to and including the under 12 age group.
  27. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition. Medically prescribed aids (proof of which may be required) will be exempt from this rule.
  28. Each Feis is required to list their adjudicators on their syllabus and/or website. If adjudicators are not listed on the syllabus, they must be posted on the Feis website a minimum of three weeks prior to the Feis. One third of the adjudicators are to be from outside the region where the Feis is being held.
  29. Competitors in girl's competitions at the First Feis (if offered), Beginner and Advanced Beginner Grade will wear only the competitor's dancing School costume or a skirt and blouse.
  30. No substance that can become airborne should be used on any dance floor in an attempt to improve traction.